

Texas Breast Surgeons

Lynn Canavan, MD

Pre-procedure Instructions For Needle Biopsy of the Breast

Thank you for choosing Dr. Canavan for your breast care.

Please read the following pre-procedure instructions:

1. If you take prescription medications that thin the blood, such as Coumadin (Warfarin), Lovenox (Enoxaparin), Heparin, Aspirin, Plavix (Clopidogrel), please discuss this with Dr. Canavan prior to scheduling your procedure. Some may need to be stopped or changed 5 days prior to your procedure. Clarify your specific medication instructions with Dr. Canavan.
2. If you take over-the-counter medications that thin the blood, such as Vitamin E (alone or in multivitamins), Aspirin, Ibuprofen (Advil, Motrin), please stop these medications at least 5 days prior to your procedure. Additional herbs or supplements that may thin the blood and need to be stopped include, but are not limited to Chondroitin, cranberry juice, Dong quai, Evening primrose oil, Feverfew, fish oil (Omega products), Garlic, Ginger, Ginkgo, Ginseng (American and Siberian, Panax), Glucosamine, Grape seed extract, Green tea, Horny goat weed (Epimedium), Horse chestnut, Melatonin, Saw palmetto, Soy and St. John's wort.
3. For the above listed medications, please wait to resume taking until you have seen Dr. Canavan for your post-procedure examination or discussed specific medications with her. Ibuprofen (Advil, Motrin) is an exception and is included in your post-procedure instructions to take for discomfort if needed.
4. Please wear or bring a tight fitting sports bra to your procedure. You will need to wear this continuously (even to bed) for 48 hours after the procedure. The compression provided by the bra will help limit bleeding, bruising and discomfort. If you do not have a sports bra, you may use a regular bra and place a clean pair of rolled up socks over the biopsy site to provide compression.
5. Please do not wear white or light colored clothing to your procedure appointment. Cleaning agents that we may use can stain clothing.
6. If you have family members or friends accompany you to the visit, please be aware that they will not be allowed to remain in the room during the procedure. Patients under the age of 18 may have one parent in the room during the procedure, but that parent must remain seated at a designated area in the room and follow all physician and staff instructions.
7. If you are having a biopsy in our office, sonographic films are required for this procedure. Please be sure that you bring them with you or that we have them at the office. If you are having a Stereotactic needle biopsy in one of the women's centers, we will need your mammogram films.
8. If you have any pre-procedure questions, please call the office at **972-562-5999**.