Texas Breast Surgeons

Lynn Canavan, MD

Mediport Removal Criteria

- 30 days since last chemotherapy
- CBC after completion of chemotherapy showed a normal white blood cell count
- No diagnostic tests pending
- No blood thinning prescription or over the counter medications
- 1. If you take prescription medications that thin the blood, such as Coumadin (Warfarin), Lovenox (Enoxaparin), Heparin, Aspirin, Plavix (Clopidogrel), please discuss this with Dr. Canavan prior to scheduling your procedure. Some may need to be stopped or changed 5 days prior to your procedure. Clarify your specific medication instructions with Dr. Canavan.
- 2. If you take over-the-counter medications that thin the blood, such as Vitamin E (alone or in multivitamins), Aspirin, Ibuprofen (Advil, Motrin), please stop these medications at least 5 days prior to your procedure. Additional herbs or supplements that may thin the blood and need to be stopped include, but are not limited to Chondroitin, cranberry juice, Dong quai, Evening primrose oil, Feverfew, fish oil (Omega products), Garlic, Ginger, Ginkgo, Ginseng (American and Siberian, Panax), Glucosamine, Grape seed extract, Green tea, Horny goat weed (Epimedium), Horse chestnut, Melatonin, Saw palmetto, Soy and St. John's wort.

For the above listed medications, please wait to resume taking until you have seen Dr. Canavan for your post-procedure examination or discussed specific medications with her. Ibuprofen (Advil, Motrin) is an exception and is included in your post-procedure instructions to take for discomfort if needed.

• Up to date on breast cancer follow up appointments with Dr. Canavan